

Pain Management Options

Prescription opioids can be an effective form of pain management, but they are not always the only option. It is important to understand the potential benefits and risks before you begin taking medications.

[What to Ask Your Doctor Before Taking Opioids](#)

Before you go to the doctor, review this checklist of questions about opioids and naloxone.

- [Opioids for Acute Pain - Get the Facts](#)

[Know the Options: Rx Pain Medication Series](#)

A series of 13 fact sheets to educate patients who are prescribed opioids for pain about the risks and to provide resources on methods for alternative pain management.

[Know Your Options: Nonopioid Treatments for Chronic Pain](#)

There are many ways to manage pain safely and effectively. Some options may actually work better than opioids and have fewer risks and side effects.

[Advancing the Practice of Pain Management Under the HHS Opioid Strategy](#)

Rethinking pain treatment is a critical piece of the HHS Five-Point Opioid Strategy unveiled in April 2017.

- [National Pain Strategy: A Comprehensive Population Health-Level Strategy for Pain](#)

[Abuse-Deterrent Opioid Analgesics](#)

The Food and Drug Administration (FDA) encourages the development of opioids with abuse-deterrent properties, which make it harder to abuse these powerful medications.

[Complementary and Integrative Approaches for Pain](#)

Consumer information to help patients talk with health care providers about complementary and integrative health approaches for managing pain.