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**24/7 ADDICTION HELPLINE AVAILABLE NOW**  
1-844-307-1760



**Montgomery, Ala.** – The Alabama Department of Mental Health and Recovery Organization of Support Specialists (ROSS) are proud to offer a new **24/7 Helpline**, providing services to individuals in our state who struggle with addiction and need support and to families and friends in need of more information. Starting July 2, callers gain immediate access to assistance by connecting to recovery support and treatment options.

“The Helpline is an essential element of a large effort to provide support to individuals with substance abuse disorders and to help decrease the continuation of substance abuse use in Alabama”, said Dr. Katherine Pickens, Director of the Cures Grant for Alabama Department of Mental Health.

Certified recovery support specialists receive all calls. They use lived experiences to determine the proper recovery resources necessary for the caller’s needs.

Cynthia Rice of ROSS said that “the Helpline will provide immediate access to care and assistance locating resources to obtain and/or maintain recovery from a substance use disorder. Callers will receive assistance navigating the difficulties connecting to accurate treatment services including but not limited to assessments, treatment options, and other identified recovery support needs.”

ROSS aims to advance the role of recovery support within the community and empower individuals seeking recovery. Call 1-844-307-1760 if you, a friend, or a family member needs information regarding addiction.

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